



ROTARY CLUB OF NAVI MUMBAI SUNRISE

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District ID: 3142

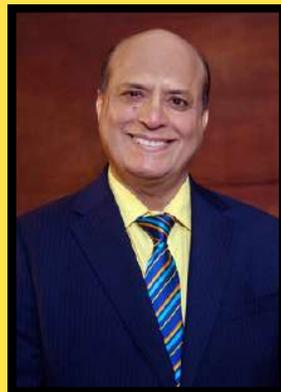
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Suryodaya



Stephanie Urchik
RI President 2024-25



Rtn. Dinesh Mehta
RID 3142 DG 2024-25



Rtn. Sanjay Panigrahi
President 2024-25

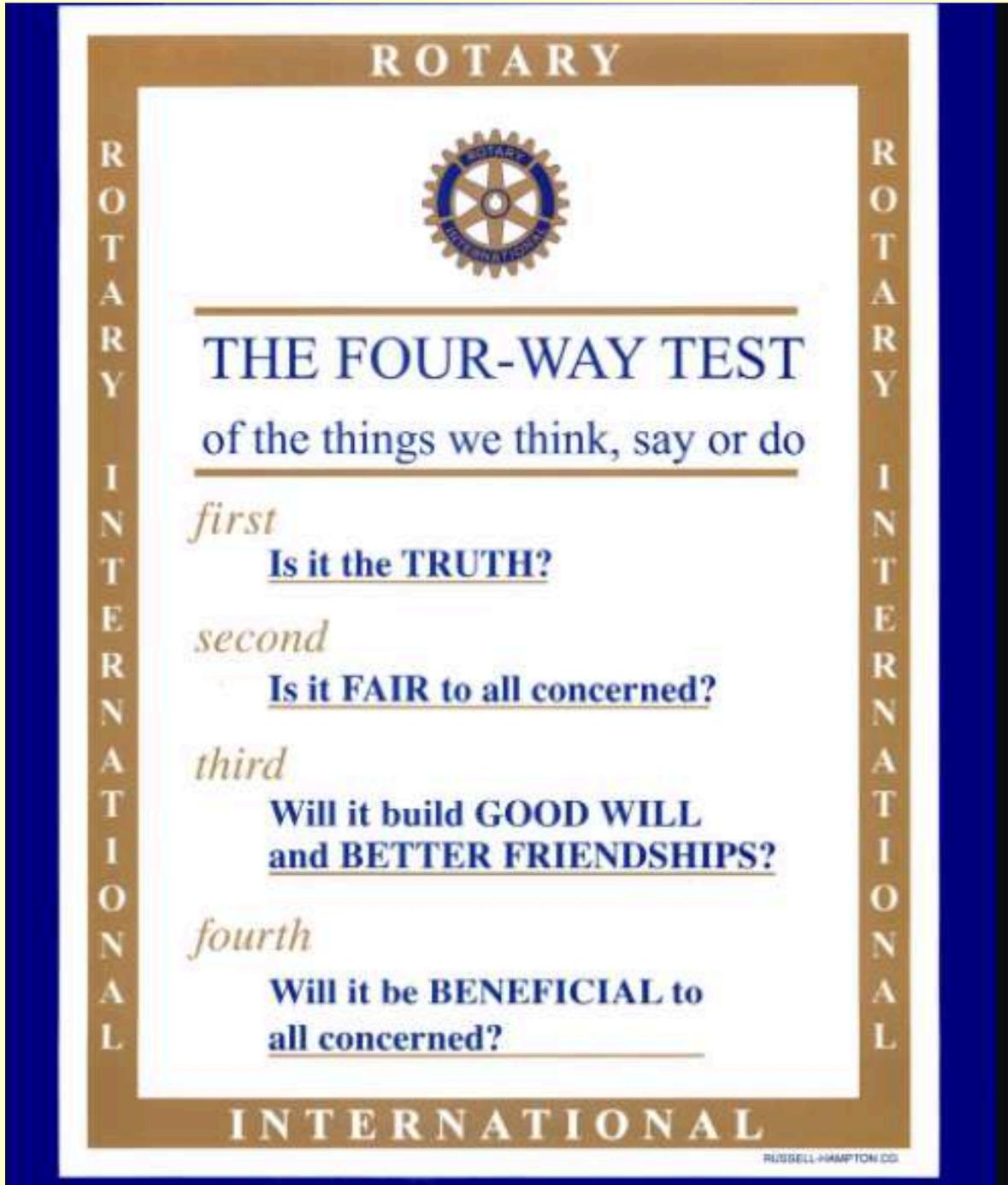


Rtn. Amrendra K. Saha
Secretary 2024-25

Issue April 2025

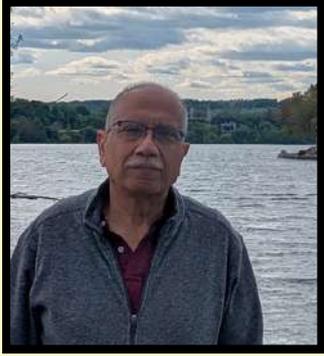


Club Editor
Rtn Sanjay Sharma

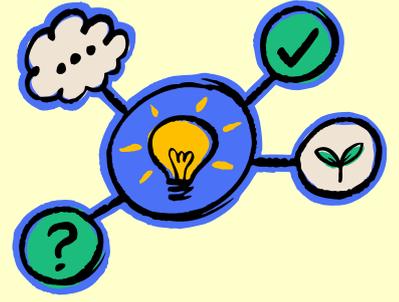


"The Magic of Rotary"

"In every corner of the globe, Rotary brings the magic of hope, compassion, and change. Like magicians of goodwill, Rotarians weave together threads of service, turning dreams into reality and challenges into triumphs. With each project, each act of kindness, we unleash the power of Rotary to create lasting impact and transform lives."



Sanjay Sharma
Club Editor



From Editor's Desk

Dear Sunrisers,

Welcome to this edition of April which is considered as new Year in many parts of India. It is a month of celebrations and festivals. Our members, who come from diverse backgrounds, celebrated Baisakhi, Hanuman Janam, Eid ul Fitr, Easter Day, Budh Purnima, Mahavir Jayanti etc.

This month members also opened their heart and wallets for "Project on Digital Mode Education and CLC. Members also continued to invest time, efforts and their skills in converting ZP Urdu school to Happy School, exhorting citizens to register organ donors and bringing happiness to physically challenged children. We did many other things which may be small for us, but they were drops of rain in the desert. Rotarian Mr. Sabat showed the way to selfless service by becoming part of the club of Major Donors for Rotary International.

Rotarian Manoj Nayak shared a beautiful anecdote of a housekeeper in a major hotel chain helping a despairing young mother, who has lost her child, from hopelessness to hope. This is what you all do day in and day out." Small act of kindness is worth more than the greatest intention." Kahlil Gibran"

I am proud and happy to share that with the help and active participation of some of the members we have been able to bring out our monthly edition without failure. This is something we should all be happy and proud of. At the end I wish to repeat that this magazine belongs to all the club members, and I would urge all of you to contribute at least one of your writings, whether it is a poem, thought, blog, experience, a commentary achievement of your family member etc.

Rotary Pranam
Sanjay Sharma

**Message from President International
Year 2024**



Stephanie Urchik
RI President 2024-25

Rotary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself.

With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective.

Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenge

The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic – building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club.

Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.

That's why expanding our commitment to diversity, equity, and inclusion is so important. Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive Peace in these troubled times.

Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict.

We offer the fellowships through our Rotary Peace Centers at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace center at Bahçeşehir University in Istanbul. Opening another peace center is a monumental achievement, and it is my great honor to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul center. The three-day conference 20-22 February will highlight the many ways our family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there.

The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts – but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the magic with every project completed, every dollar donated, and every new member inducted.

I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing The Magic of Rotary.



Rtn. Dinesh Mehta
RID 3142 DG 2024-25

Dear Awesome President and Members of the Rotary Club of Navi Mumbai Sunrise,

As we are on the threshold of the sixth month of what has, indeed, been an awesome Rotary Year, thus far, we need to keep the momentum going. One way of keeping the momentum going is to have constantly greater goals. Momentum is akin to riding a bicycle. You get to stay upright and move forward so long as you keep the momentum.

Your Club has been doing yeoman service to the community service and you have been participating in District Projects and events with great enthusiasm and it is my humble request to you, to keep the momentum going.

I urge you to take up projects in all the areas of focus of Rotary International. December is designated "Disease Prevention and Control" month. If you haven't already, do take up a project in this sphere.

I believe in encouraging Clubs to Think Big. You do not have to start by being an expert. Remember, the expert in anything was once a beginner. People with momentum can get so much done. Momentum begets momentum and the best way to start is to Make A Start.

As a wise man, once said, "Success does not come to you, you've got to go to get it". So, Jyoti joins me in urging all you awesome Rotarians to keep up the momentum and create magic of Rotary for the community at large

Warm Rotary Regards,
DG Dinesh Mehta



Rtn. Sanjay Panigrahi
President 2024-25

Dear Fellow Rotarians, Friends, and Well-Wishers,

As we welcome the month of April – a time of renewal, reflection, and action – I am filled with immense pride and gratitude as I look back on the journey we’ve traversed together this Rotary year.

Each passing month has brought with it new opportunities to serve, to connect, and to grow as individuals and as a family. From impactful health camps and environmental drives to supporting education and empowering women, our club has consistently lived up to the Rotary motto: “Service Above Self.”

April also marks Rotary’s focus on Maternal and Child Health – a cause that remains at the heart of sustainable community development. I urge each one of us to continue exploring meaningful ways we can contribute, be it through awareness sessions, partnerships with local health institutions, or direct service projects.

As the Rotary year gradually draws closer to its culmination, let us recommit ourselves with renewed energy. Let us celebrate our achievements not with complacency, but with purpose – to do more, to reach further, and to leave an indelible mark of kindness in every life we touch.

Thank you for your tireless spirit, your compassion, and your camaraderie. Together, we are not just making a difference – we are becoming the difference.

Yours in Rotary Service,
Sanjay Panigrahi
President (2024–25)
Rotary Club of Navi Mumbai Sunrise

Projects Done

Visit to Thalassemia Centre

Date: 5th April, 2025

Location: DY Patil Hospital, Nerul

Number of beneficiaries: 15

Number of Members participated: 20

Cost: Rs. 7,000

Thanks to Rtn Shaila Patel, a resident of the society, for his dedicated efforts in organising and coordinating this valuable workshop.



Diabetic Mukh Ravivar

Date: 6th April, 2025

Location: Central Park

Number of beneficiaries: 100

Number of Members participated: 4

Cost: Rs. 2,000

Done in association with Medicity Hospital, Kharghar

Projects Done

Happy school project

Date: 8th April, 2025

Location: Urdu school, Taloja

Number of beneficiaries: 150

Number of Members participated: 8

Cost: Rs. 4,000



Distribution of T- Shirts and fruits

Date: 19th April, 2025

**Location: Shree Samarth English Medium School,
Kharghar**

Number of beneficiaries: 80

Number of Members participated: 8

Cost: Rs. 4,000



Projects Done

Dada ji ki kahaniya and Birthday celebration

Date: 26th April, 2025

Location: Happy School

Number of beneficiaries: 35

Number of Members participated: 5

Cost: Rs. 3,000

**Done in association with Inner Wheel Club of Navi
Mumbai Sunrise**



Diabetic Mukht Ravivar

Date: 27th April, 2025

Location: Central Park, Kharghar

Number of beneficiaries: 100

Number of Members participated: 18

Cost: Rs. 2,000

Done in association with Medicity Hospital, Kharghar



Projects Done

Visit to Girija old Age home for Food donation

Date: 30th April , 2025

Location: Girija old Age home

Number of beneficiaries: 105

Number of Members participated: 8

Cost: Rs. 17,000

Special thanks to Rtn. Chhaya Tarlekar madam for generous donation.



“MOTHER NATURE & WE”



By Rtn. Chhaya Taralaker

Mother Nature and Earth have gifted us two precious blessings: time to change and a chance to survive healthily. These gifts are rare and priceless—given not just for our benefit but for the wellbeing of every life form on this planet. The choice is now ours—to reconnect with nature, become its guardians, and make this Earth a better place for generations to come.

Our efforts, even if small, act as powerful catalysts. Nature is constantly striving to heal, balance, and sustain itself. But it needs our conscious support. We must act now to preserve the delicate ecosystems around us.

Ways to Care for and Preserve Nature Around Us:

- 1) Plant Native Trees :** Always Choose indigenous species that require less water and naturally support local biodiversity—birds, butterflies, bees, and soil organisms.
- 2) Practice Home Composting** 🌱 Turn your kitchen waste into gold by composting. It reduces landfill pressure and enriches soil for plants. people are giving excuse as we don't have time but our health is precious!
- 3) Avoid Plastic—Choose Sustainable Alternatives** . Carry cotton bags, use steel or glass bottles, and avoid single-use plastic in every possible way. Our simple method will survive us Healthy.
- 4) Protect Water Sources** . Avoid polluting rivers, lakes, and drains. Harvest rainwater and use water mindfully at home.
- 5) Support Pollinators** 🐝🦋 Grow flowering plants like marigold, tulsi, curry leaves, and hibiscus ,passion flowers that attract bees and butterflies.

“MOTHER NATURE & WE”

6) Walk or Cycle More 🚶♀️🚴♂️ Reduce carbon emissions by using eco-friendly transport. It also promotes your personal health.

7) Say NO to Chemical Pesticides 🚫 Use natural remedies like neem oil spray or garlic-pepper mixtures, marigold petals decoction in gardening or farming.

8) Educate and Inspire Others 🗣️ Share your journey, conduct workshops, and motivate people in your community to join the movement.

9) Create Green Corners Everywhere 🌿 Whether in balconies, terraces, or building premises—grow vertical gardens or mini food forests, even on roofs of car parking where enough sunlight

10) Respect All Living Beings 🐾 Avoid harming insects, birds, or animals. Create safe spaces for them with water bowls or shade.

Let us not wait for nature to send more warnings. Let's become active participants in healing Earth. When we walk with nature, it walks with us—restoring balance, health, and peace.

Preserve. Protect. Participate. That's our real tribute to the gifts we've been given.



“Mini-stories”



Shared by Rtn. Srivatsan Iyengar

Jane Orvis, “The Window”

Ever since Rita was brutally murdered, Carter has sat at the window. No TV, no books, no letters. His entire life is framed by what he sees through the curtains. He doesn't care who brings food or pays the bills; he never leaves the room. Joggers pass by, seasons change, cars come and go, Rita's ghost lingers. Carter doesn't realize there are no windows in a padded cell.

Larisa Kirkland, “The Proposal”

A starry night—the perfect moment. Candlelit dinner in a cozy Italian place. Little black dress. Gorgeous hair, sparkling eyes, silvery laughter. Two years together—true love, best friends, no one else. Champagne! I get on one knee. People are watching? Let them. A dazzling diamond ring. Cheeks flushing, a beaming smile. “What? No?!”

Charles Enright, “The Ghost”

As soon as it happened, I rushed home to tell my wife the dreadful news. But she didn't seem to hear me. She didn't even notice me. She gazed right through me, poured herself a drink, and turned on the TV. The telephone rang; she picked it up. I saw her face collapse. She burst into tears.

“Mini-stories”

Andrew E. Hunt, “Gratitude”

The wool blanket he’d just received from a charity warmed his shoulders, and the boots he’d found in the dumpster that morning fit perfectly. The streetlights soothed him after the biting cold. The curve of the park bench felt so familiar to his tired back. “Thank you, Lord,” he thought. “Life is simply wonderful.”

Brian Newell, “What the Devil Wants”

Two boys watched Satan walk away, his hypnotic gaze still clouding their minds. “Hey, what did he want from you?” “My soul. And you?” “A coin for the payphone. He had to make an urgent call.” “Wanna grab something to eat?” “I’d like to, but he took my last cent.” “Don’t worry. I’ve got plenty.”

Alan E. Meyer, “Bad Luck”

I woke with every part of me throbbing. A nurse stood by my bed. “Mr. Fujima,” she said, “you’re lucky to be alive after the Hiroshima bombing two days ago. You’re in a hospital now; you’re safe.” Barely conscious, I whispered, “Where am I?” “Nagasaki,” she replied.

“Mini-stories”

Jay Rip, “Fate”

There was only one way out. Our lives were too tangled—rage and bliss knotted together—so we left it to chance: heads, we marry; tails, we part forever. The coin flipped, clinked, spun, and landed on heads. We stared at it, baffled, then both asked at once: “How about best two out of three?”

Robert Tompkins, “Seeking Truth”

At last, his search ended in a remote village. In a tattered hut by a small fire sat Truth—older and uglier than he had ever imagined. “Are you Truth?” he asked. She nodded. “What should I tell the world? What’s your message?” The crone spat into the fire and growled, “Tell them I am young and beautiful!”

August Salemi, “Modern Medicine”

Blinding headlights, a sickening screech, pain so savage it swallowed everything...then a warm, beckoning blue light. John felt suddenly free, young, wonderfully happy as he moved toward the glow. Darkness and agony slowly returned. His eyes fluttered open to bandages, tubes, a cast. Both legs gone. His wife was weeping. “They saved you, darling!”

Enjoy these micro-tales for their ability to capture entire worlds of emotion in just a handful of words. Sometimes, less truly is more.

“A New Chapter in Canada: From Mumbai to Hamilton”



By Rtn. Sandhya Sharma

Last year was a year of unexpected turns and new beginnings. My husband, Rtn. Sanjay Sharma, was offered a wonderful opportunity to work with **Birla Carbon Canada** as a Capex Project Manager. Until the end of August 2024, we were living in Mumbai, our vibrant home city. Then, during September and October, we were in Noida, trying to re-establish ourselves there – unaware that a bigger shift was just around the corner.

When the opportunity in Canada came through, we were thrilled, especially because it meant we'd be closer to our children. But at the same time, I couldn't help but feel like a **Khanabadosh** – a nomadic soul, once again packing up and heading into the unknown. The decision to move wasn't easy, but family always gives strength to leap into change.

One of our biggest concerns was our beloved dog, **Toofan** – our third child in every way. We made sure all arrangements were in place so he could travel comfortably with us. Thankfully, Toofan handled the journey like a champ and joined us on this new adventure.

We arrived in Canada on 8th November 2024, welcomed with open arms by our children – **Sanjana** and **Shrey**, our son-in-law **Dr. Sahil Gupta**, and our soon-to-be daughter-in-law **Ashley Wong**. Their warm welcome, thoughtful preparations, and tireless efforts to make us feel at home meant the world to us. From organizing temporary housing to collecting the essentials we'd need to start a new life, they made the transition seamless and comforting.

By 1st December, we had moved into our rented home, just as winter began to embrace the landscape. We experienced our **first snowfall** – something truly magical for someone who has lived in tropical cities all her life. The silence, the soft white blankets covering the trees, rooftops, and roads – it felt like we had stepped into a winter fairy tale. Yes, Canadian winters are cold and intense, but they are also extraordinarily beautiful. There's a stillness in the snowy landscape that brings peace and reflection.

“A New Chapter in Canada: From Mumbai to Hamilton”

We quickly learned the essentials of **Canadian winter** – layering up, snow shoveling, driving in icy conditions, and of course, learning to appreciate the warmth of indoor spaces, hot tea, and the comfort of a cozy home shared with loved ones. Toofan, to our surprise, took to the snow quite happily – bounding through it with joy, though he always appreciated his little jacket!

Now, as we move toward our **first Canadian summer**, we are filled with curiosity and excitement. We've already started to witness the transformation – the snow melting, trees beginning to bloom, and days getting longer and brighter. Summer here is a celebration of nature. With lush green parks, blue lakes, and outdoor festivals, we are looking forward to exploring the country's natural beauty, hiking on trails, enjoying barbecues, and maybe even trying a canoe ride! The contrast between winter and summer is dramatic, and that in itself feels like a gift.

Yet, amidst all this change, there's a part of our hearts that remains back home. We deeply miss our **Rotary activities** – the fellowship, the service projects, the laughter-filled meetings, and above all, the **lifelong friends** we made through Rotary. The sense of community, purpose, and shared commitment to **“Service Above Self”** is something truly special, and it has left a lasting mark on our lives. We often think fondly of our fellow Rotarians and hope to find similar circles of service and camaraderie here in Canada as we settle in.

This journey – from **Mumbai to Noida to Hamilton** – has been filled with challenges, emotions, and discoveries. But having our children nearby, a loving home, and Toofan with us makes all the difference. We are grateful for this opportunity, and we look forward to embracing everything that Canada has to offer, one season at a time – carrying our memories and values from home along the way.





Rotary 
Club of Navi Mumbai Sunrise



OVER 100 YEARS OF SERVICE

